

June


DAKOTA COUGARS CROSS COUNTRY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10 Preseason Meeting 3:00 pm Seneca Track	11 ½ Day- Exams CC Conditioning 10:45 am - Meet between NGC and 10/12 building	12
13	14 ½ Day- Exams CC Conditioning 10:45 am - Meet between NGC and 10/12 building *T&F Awards 6pm	15 ½ Day- Exams CC Conditioning 10:45 am - Meet between NGC and 10/12 building	16 CC Conditioning 8 am - Meet between NGC and 10/12 building *2020 CC Banquet	17 CC Conditioning 8 am - Meet between NGC and 10/12 building	18 CC Conditioning 8 am - Meet between NGC and 10/12 building	19 OPTIONAL CONDITIONING 9 am - Meet between NGC and 10/12 building
20 OPTIONAL CONDITIONING 9 am - Meet between NGC and 10/12 building	21 CC Conditioning 8 am - Meet between NGC and 10/12 building	22 PARENT MEETING 7:00 PM DHS COMM. ROOM CC Conditioning 8 am - Meet between NGC and 10/12 building	23 CC Conditioning 8 am-Meet near bathroom at the Clinton Twp. Civic Center	24 CC Conditioning 8 am - Meet between NGC and 10/12 building	25 CC Conditioning 8 am - Meet between NGC and 10/12 building	26 OPTIONAL CONDITIONING 9 am - Meet between NGC and 10/12 building
27 OPTIONAL CONDITIONING 9 am - Meet between NGC and 10/12 building	28 CC Conditioning 8 am - Meet between NGC and 10/12 building Hanson's Shoe Night 6pm	29 CC Conditioning 8 am - Meet between NGC and 10/12 building	30 CC Conditioning 8 am-Meet @ Clinton Twp. Civic Center			

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July


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Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 CC Conditioning 8 am - Meet between NGC and 10/12 building TRAVEL?	2 CC Conditioning 8 am - Meet between NGC and 10/12 building XCBC	3
4 	5	6	7	8	9	10
<div style="display: flex; justify-content: space-around; font-size: 2em; font-weight: bold;"> SUMMER DEAD PERIOD </div>						
11	12 CC Conditioning 8 am - Meet between NGC and 10/12 building	13 CC Conditioning 8 am - Meet between NGC and 10/12 building	14 CC Conditioning 8 am-Meet @ Clinton Twp. Civic Center	15 CC Conditioning 8 am - Meet between NGC and 10/12 building TRAVEL?	16 CC Conditioning 8 am - Meet between NGC and 10/12 building	17 OPTIONAL CONDITIONING 9 am - Meet between NGC and 10/12 building
18 OPTIONAL CONDITIONING 9 am - Meet between NGC and 10/12 building	19 CC Conditioning 8 am - Meet between NGC and 10/12 building	20 CC Conditioning 8 am - Meet between NGC and 10/12 building	21 CC Conditioning 8 am-Meet @ Clinton Twp. Civic Center	22 CC Conditioning 8 am - Meet between NGC and 10/12 building TRAVEL?	23 CC Conditioning 8 am - Meet between NGC and 10/12 building XCBC	24 OPTIONAL CONDITIONING 9 am - Meet between NGC and 10/12 building
25 OPTIONAL CONDITIONING 9 am - Meet between NGC and 10/12 building	26 CC Conditioning 8 am - Meet between NGC and 10/12 building	27 CC Conditioning 8 am - Meet between NGC and 10/12 building	28 CC Conditioning 8 am-Meet @ Clinton Twp. Civic Center	29 CC Conditioning 8 am - Meet between NGC and 10/12 building TRAVEL?	30 CC Conditioning 8 am - Meet between NGC and 10/12 building XCBC CC Race @ Riverbends Register online 6:40pm	31 OPTIONAL CONDITIONING 9 am - Meet between NGC and 10/12 building

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August

DAKOTA COUGARS CROSS COUNTRY

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1 OPTIONAL CONDITIONING 9 am - Meet between NGC and 10/12 building	2 CC Conditioning 8 am - Meet between NGC and 10/12 building	3 Mandatory Parent Meeting 7 pm Comm Room CC Conditioning 8 am - Meet between NGC and 10/12 building	4 CC Conditioning 8 am-Meet @ Clinton Twp. Civic Center	5 CC Conditioning 8 am - Meet between NGC and 10/12 building TRAVEL?	6 CC Conditioning 8 am - Meet between NGC and 10/12 building XCBC	7 OPTIONAL CONDITIONING 9 am - Meet between NGC and 10/12 building
8 OPTIONAL CONDITIONING 9 am - Meet between NGC and 10/12 building	9 1st Day of Practice CC Conditioning 8 am - Meet between NGC and 10/12 building	10 CC Practice 8 am - Meet between NGC and 10/12 building	11 CC Practice 8 am-Meet @ Clinton Twp. Civic Center	12 CC Practice 8 am - Meet between NGC and 10/12 building TRAVEL?	13 CC Practice 8 am - Meet between NGC and 10/12 building XCBC	14 OPTIONAL PRACTICE 9 am - Meet between NGC and 10/12 building
15 OPTIONAL PRACTICE 9 am - Meet between NGC and 10/12 building	16 CC Practice 8 am - Meet between NGC and 10/12 building	17 CC Practice 8 am - Meet between NGC and 10/12 building	18 CC Practice 8 am-Meet @ Clinton Twp. Civic Center	19 CC Practice 8 am - Meet between NGC and 10/12 building TRAVEL?	20 Mariner Invite Columbus Cty. Park, Richmond MI G: 9:30 B:10:15 am	21 OPTIONAL PRACTICE 9 am - Meet between NGC and 10/12 building
22	23	24	25	26	27	28
CROSS COUNTRY			Manton Fox & Hound Invite Cadillac, MI	CAMP @ LOST VALLEY		
29 OPTIONAL PRACTICE 9 am - Meet between NGC and 10/12 building	30 CC Practice 8 am - Meet between NGC and 10/12 building	31 CC Practice 8 am - Meet between NGC and 10/12 building	1 CC Practice 8 am-Meet @ Clinton Twp. Civic Center	2 Budd Ciccirelli- Adams Invitational Bloomer State Park G: 5:00 and 5:55 B: 5:30 and 6:30	3 CC Practice 8 am - Meet between NGC and 10/12 building	

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